

GENERAL BASKETBALL GUIDELINES 2020-2021

The return to participation in activities is vital for the healthy physical, mental and spiritual well-being of young people. St. Ignatius has been working with safety and sports experts to identify essential protective and preventive measures to reduce the risk of spreading the COVID-19 virus. These basketball operational guidelines are subject to change according to further pandemic related developments. Vulnerable, high risk, and immunocompromised individuals as identified by the CDC should remain at home for their own safety and for the safety of others.

ALL SPORTS AND PROGRAMS:

- ✓ Maintain 6' physical distance between others at all times and wash hands frequently.
- ✓ Avoid contact as much as possible, no handshakes, high-fives etc.
- ✓ Athletes and coaches who have a fever or are not feeling well should remain at home.
- ✓ Each athlete brings their own water bottles. These cannot be shared.
- ✓ No outside basketballs are to be brought into the gym, all practice and game balls will be provided and sanitized after each practice or game.
- ✓ No congregating in common areas: parking lots, hallways, lobby, locker rooms etc.
- ✓ Entrances and Exits will be marked off and used to minimize contact and allow physical distancing
- ✓ Players are instructed to wash their practice and game day attire as soon as they return to home.
- ✓ Athletes and parents are responsible to disinfect personal equipment after each competition/practice.
- ✓ Coaches will take and record attendance at every practice and game for contact tracing if needed.

INDOOR SPORTS:

- **Parents, siblings or guests are not permitted inside the gym during indoor practices.**
- **During competitions, only 2 fans/athlete (parents/grandparents) are permitted inside the gym. Fans must always wear protective masks, including when entering and exiting the facility.**
- Fans must follow safe physical distancing and remain in designated areas.
- Physical distancing when using restrooms is in effect with maximum two persons in the restroom.
- Drinking faucets are not available and will be turned off.
- Doors and windows will be propped open when possible to maximum ventilation.
- The facility will be disinfected at all high touch point surfaces, door handles, counters, railings, waste receptacles, restroom fixtures, balls, supplies, equipment, etc.
- Physical contact at practices and during competition is to be prevented and avoided whenever possible.
- Coaches and athletes will wear masks when entering and exiting but athletes do not have to wear during practice and contests.
- Teams must exit the facility before new teams and athletes enter for the next game.

ALL GUIDELINES ARE SUBJECT TO CHANGE DEPENDING ON PANDEMIC RELATED DEVELOPMENTS!!!!